Access to free drug rehabilitation services is crucial for individuals in underserved communities seeking support for addiction recovery. Below is a list of national and community-based programs offering free or low-cost services:

### **National Programs:**

- Substance Abuse and Mental Health Services Administration (SAMHSA): SAMHSA provides a confidential and anonymous resource for locating treatment facilities for mental and substance use disorders across the United States. Their website offers a treatment locator to find nearby services.
- The Salvation Army Adult Rehabilitation Centers: The Salvation Army operates rehabilitation facilities nationwide, offering spiritual, emotional, and social assistance to individuals dealing with substance abuse. These charitable residential programs are designed to help participants live healthy, fulfilling lives.
- Certified Community Behavioral Health Clinics (CCBHCs): CCBHCs are health clinics in the U.S. that treat mental health and substance abuse disorders regardless of the patient's insurance status or ability to pay. Funded through Medicaid or SAMHSA grants, they provide comprehensive services, including 24/7 crisis care.
- <u>Reclaiming Futures</u>: This nonprofit organization assists teenagers struggling with drugs, alcohol, and crime by providing a six-step model for steering young people out of difficulties with addictive substances and crime. The program operates in various communities across the U.S.
- 5. <u>FindTreatment.gov</u>: A confidential and anonymous resource provided by SAMHSA for persons seeking treatment for mental and substance use disorders in the United States and its territories.

### **Community-Based Programs:**

- <u>Alcohol and Drug Use Services NYC Health</u>: New York City offers services and resources to help prevent overdose and provide treatment for substance use disorders. The city faces a drug overdose crisis, with substances like fentanyl increasing the risk. Resources are available to help keep the community safe.
- Office of Addiction Services and Supports (OASAS) New York: OASAS provides an interactive dashboard as part of ongoing efforts to address the drug overdose crisis in New York, offering resources and support for individuals seeking help.
- 3. <u>Mobile Medication Units (MMUs) in New York</u>: MMUs are clinics on wheels that bring addiction services directly to underserved areas, providing access to medication and therapy in remote locations. This initiative aims to ease the burden on communities that host methadone clinics and address "care deserts" where treatment options are scarce.

- 4. <u>Baldwin Place San Francisco</u>: San Francisco's Department of Homelessness and Supportive Housing plans to convert the Civic Center Motor Inn into Baldwin Place, the city's first sober living transitional housing program. Scheduled to open this summer, it will support up to 56 homeless individuals who wish to stay drug-free, allowing them to reside there for up to two years.
- 5. <u>Healing Through Hope Community Outreach and Recovery Center Manistee</u> <u>County, Michigan</u>: In partnership with Samaritan Health Care, this center offers an intensive outpatient program for addiction recovery, combining in-person and virtual components to foster connections and support among participants. Additionally, Dial-a-Ride in Manistee has begun a new bus route to the recovery center, addressing transportation barriers faced by rural residents seeking addiction services.
- <u>Naugatuck Youth Services Connecticut</u>: Funded through Connecticut's portion of the opioid settlement, Naugatuck Youth Services has appointed a recovery coach and outreach specialist to support youth and adults in addiction recovery by offering one-on-one sessions, detox referrals, and on-call support.
- 7. <u>The Phoenix</u>: A national nonprofit sober community that offers innovative recovery programs combining physical activities such as rock climbing, hiking, and CrossFit with a supportive, sober community. These no-cost programs are available to individuals who have been sober for at least 48 hours.

# Atlanta, GA:

- <u>Covenant Community, Inc.</u> Provides residential treatment programs focusing on holistic recovery approaches, including counseling, life skills training, and vocational support.
- <u>The Extension</u> Offers comprehensive addiction recovery services, including residential programs for men and women, counseling, and life skills training, aiming to support long-term sobriety.

### Baltimore, MD:

- <u>Baltimore Station</u> Provides residential and outpatient treatment programs for individuals dealing with substance use disorders, focusing on veterans and homeless populations.
- <u>Helping Up Mission</u> Offers comprehensive recovery services, including residential programs, counseling, and workforce development, to support individuals overcoming addiction.

### Birmingham, AL:

- <u>Aletheia House</u> Provides substance use disorder treatment, including outpatient counseling, residential programs, and recovery support services.
- **Fellowship House** Offers residential rehabilitation programs for individuals seeking recovery from substance use disorders, focusing on holistic care.

## Boston, MA:

- <u>Boston Public Health Commission Addiction Services</u> Provides a range of services, including outpatient counseling, recovery support, and residential treatment programs for individuals dealing with substance use disorders.
- <u>Gavin Foundation</u> Offers comprehensive adult and youth programs, including residential treatment, outpatient services, and recovery support, focusing on individualized care.

## Charlotte, NC:

- <u>Anuvia Prevention & Recovery Center</u> Provides comprehensive substance use disorder services, including prevention, outpatient treatment, and recovery support.
- <u>McLeod Addictive Disease Center</u> Offers outpatient and residential treatment programs for individuals dealing with substance use disorders, focusing on personalized care.

# Chicago, IL:

- <u>Gateway Foundation</u> Provides comprehensive addiction treatment services, including inpatient and outpatient programs, tailored to individual needs.
- <u>Cathedral Shelter of Chicago</u> Offers addiction recovery programs, including outpatient treatment and supportive housing for individuals and families affected by substance use disorders.

# Cleveland, OH:

- <u>Community Assessment and Treatment Services (CATS)</u> Provides comprehensive substance use disorder treatment, including residential and outpatient programs, focusing on individualized care.
- <u>Stella Maris</u> Offers detoxification, residential treatment, outpatient services, and recovery housing for individuals seeking recovery from substance use disorders.

# Columbia, SC:

- **LRADAC** Provides prevention, intervention, and treatment services for individuals and families affected by substance use disorders.
- <u>The Courage Center</u> Offers recovery support services for young people and families impacted by substance use disorders, focusing on peer support and community engagement.

### Detroit, MI:

Detroit Rescue Mission Ministries (DRMM) Provides substance abuse treatment programs, including detoxification, residential treatment, and transitional housing, aiming

to support individuals in their recovery journey.

• <u>Salvation Army Harbor Light Center</u> Offers comprehensive substance abuse treatment services, including detoxification, residential programs, and outpatient care, focusing on holistic recovery approaches.

# Gary, IN:

- Edgewater Health Provides comprehensive behavioral health services, including outpatient substance use treatment, counseling, and recovery support.
- **Regional Mental Health Center** Offers outpatient substance use treatment services, including individual therapy, group counseling, and intensive outpatient programs.

# Houston, TX:

- <u>Santa Maria Hostel</u> Provides a continuum of care for women, including residential and outpatient substance use disorder treatment, recovery support, and housing services.
- <u>The Council on Recovery</u> Offers prevention, education, and outpatient treatment services for individuals and families affected by substance use disorders.

## Jackson, MS:

- <u>Mississippi Department of Mental Health Substance Use Services</u> Provides a directory of certified providers offering prevention, treatment, and recovery services for substance use disorders across Mississippi.
- <u>Region 8 Mental Health Services</u> Offers outpatient substance use treatment, including individual counseling, group therapy, and intensive outpatient programs for adults and adolescents.

# Los Angeles, CA:

- <u>Delancey Street Foundation</u> Provides residential rehabilitation services and vocational training programs for substance abusers and convicted criminals, helping residents reintegrate into mainstream society.
- Phoenix House California Offers residential and outpatient services for individuals dealing with substance use disorders, focusing on personalized treatment plans and recovery support.

### Memphis, TN:

- <u>Cocaine & Alcohol Awareness Program (CAAP)</u> Provides outpatient and residential treatment services for individuals dealing with substance use disorders, focusing on holistic recovery.
- <u>Serenity Recovery Centers</u> Offers detoxification, residential treatment, and outpatient services for individuals seeking recovery from substance use disorders.

### Miami, FL:

- <u>Miami Rescue Mission</u> Provides comprehensive recovery programs, including residential treatment, counseling, and vocational training, aiming to support individuals overcoming addiction.
- <u>Camillus House</u> Offers substance abuse treatment services, including residential programs and outpatient care, focusing on holistic recovery approaches.

### Milwaukee, WI:

- <u>Meta House</u> Provides gender-specific substance use disorder treatment services, including residential and outpatient programs for women.
- Milwaukee County Behavioral Health Division Community Access to Recovery Services (CARS) Offers a range of substance use treatment services, including assessment, outpatient counseling, and recovery support.

### Newark, NJ:

• Integrity House Provides comprehensive addiction treatment services, including residential, outpatient, and supportive housing programs.

## New Orleans, LA:

- <u>Odyssey House Louisiana</u> Provides comprehensive services, including detoxification, residential treatment, outpatient programs, and supportive housing for individuals overcoming substance use disorders.
- **Bridge House / Grace House** Offers gender-specific residential substance use disorder treatment programs, focusing on long-term recovery and reintegration into society.

### New York City, NY:

- <u>START Treatment & Recovery Centers</u> Provides comprehensive treatment for substance use disorders, including medical, behavioral, and social services. They offer outpatient programs tailored to individual needs.
- <u>The Salvation Army Adult Rehabilitation Center</u> Offers no-cost rehabilitation programs addressing the symptoms and causes of alcohol and drug dependence, including counseling, work therapy, and spiritual development.

### Philadelphia, PA:

- <u>Gaudenzia</u> Provides a range of substance abuse treatment services, including residential and outpatient programs, tailored to individual recovery needs.
- <u>Self Help Movement, Inc.</u> Offers residential treatment programs for men dealing with substance use disorders, focusing on personalized care and recovery support.

- **Delphi Rise** Provides comprehensive substance use disorder services, including outpatient counseling, recovery support, and prevention programs.
- <u>Huther Doyle</u> Offers outpatient substance use treatment, including counseling, medication-assisted treatment, and recovery support services.

## St. Louis, MO:

- **Preferred Family Healthcare** Provides a range of services, including outpatient treatment, residential programs, and recovery support for individuals dealing with substance use disorders.
- <u>Queen of Peace Center</u> Offers family-centered behavioral healthcare, including substance use treatment, prevention, education, and housing for women and children.

## Washington, DC:

- <u>Community Connections</u> Provides behavioral health services, including outpatient substance use treatment, counseling, and recovery support.
- <u>Clean & Sober Streets</u> Offers residential treatment programs for individuals seeking recovery from substance use disorders, focusing on holistic care and community support.

### Additional Resources:

- <u>SAMHSA's Evidence-Based Practices Resource Center</u>: Provides communities, clinicians, policymakers, and others with information and tools to incorporate evidence-based practices into their communities or clinical settings.
- Mental Health Coping Resources for Children and Families SAMHSA: Offers resources for families coping with mental and substance use disorders, emphasizing the role of family support in recovery.
- Financing, Grants, and Scholarships for Substance Abuse Treatment: Information on financial assistance for rehab, including drug rehab financing, scholarships, government help, and grants for treatment.
- <u>Barriers to Getting Help for Addiction</u>: Discusses common barriers to treatment and how to overcome them, highlighting the discrepancy between those needing treatment and those receiving it.
- <u>Top 5 Free Drug Rehab Centers in the U.S.</u>: A list of free rehab centers across the U.S. that provide a variety of addiction treatment services.

**Note:** Availability and eligibility for these programs may vary. It's recommended to contact the organizations directly or visit their websites for the most current information and to confirm program details.